



Our Whole Lives Program For 7th—9th Graders

About the Our Whole Lives Program

The Our Whole Lives program was developed jointly by the Unitarian Universalist Association and the United Church of Christ, and is taught as a secular human sexuality education program.

The OWL program has proactive goals of helping youth to become sexually healthy people who feel good about themselves and their bodies, remain healthy, and build positive, equitable loving relationships. Two trained facilitators lead the group in activities and discussions that encourage the program values of self-worth, sexual health, responsibility, and justice and inclusivity.

PARTICIPANTS: The OWL program currently offered is for 7th - 9th graders of all genders. To cover the cost of materials, snacks, and facilitator training, we ask for \$50 per participant. This fee can be waived for families who would find it hardship.

PARENT ORIENTATION MEETING: A parent orientation meeting will be held in September, prior to the beginning of the youth program, so that parents may review the curriculum, ask questions, and learn more about why this information is vital to youth and how it is presented in a developmentally appropriate way.

Schedule & Location

Sundays, October 6—December 15, 2019, from 12 pm—3 pm, with a break for lunch. Location will alternate between First Universalist Church of Yarmouth at 97 Main Street in Yarmouth and the Unitarian Universalist Church of Brunswick at 1 Middle Street in Brunswick. We encourage and can assist with organizing carpooling.

Learn More & Register

To learn more about the our whole lives program visit uuyarmouth.org/sexuality-education or contact Gwen Matthews at gwenatfirstu@gmail.com or 207-846-4148 with questions or to register. **Please register no later than July 31.**